

First Responder/EMT

- Obtain manual vital signs and document.
- Maintain patent airway and administer 100% oxygen.
- Allow patient to assume position of comfort unless contraindicated.
- Treat per appropriate protocol.
- Place patients with decreased LOC or nausea/vomiting in the left lateral recumbent position, unless contraindicated.
- Reassess patient frequently and document.

Paramedic

- Place on monitor system. Obtain 12 Lead EKG if indicated and treat as appropriate.
- Establish IV/IO.
- Attached pulse oximeter.
- Check blood glucose .
- Apply appropriate protocol.
- Reassess patient frequently.
- If acute adrenal insufficiency is suspected administer 125 MG Solumedrol IV/IO in addition to the above interventions.

Pearls & Caveats

- ***The failure to appropriately assess and reassess frequently, are the most common reasons for failure to recognize the appropriate condition to treat.***
- ***Encourage input from other personnel on-scene.***
- ***In possible stroke obtain 12 lead EKG.***
- ***Consider if acute adrenal insufficiency could be present based upon history, steroid use, medic alert devices, etc. It is typically precipitated by acute medical stress and/or inadequate medication dosing for any reason.***