- **Adrenal insufficiency is an endocrine disorder that occurs when the adrenal glands do not produce sufficient amounts of cortisol and other glucocorticoid hormones needed to respond to stress and inflammatory reactions and needed to re-establish homeostasis after a stress response.**
- **Early signs and symptoms of patients in acute adrenal crisis include pallor, dizziness, headache, weakness/lethargy, abdominal pain, nausea/vomiting and hypoglycemia. If left untreated, symptoms may progress to hypotension, shock, seizures and eventual heart failure.**

BLS
- Basic medical care
- Oxygen per protocol
- Temperature

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ALS
- Obtain cardiac rhythm
- Obtain 12 lead ECG
- Initiate IV access
- Blood glucose

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If patient presents in Shock refer to: Hypoperfusion / Shock (4.12)

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For Patients confirmed to have acute adrenal insufficiency by either the presence of a medical alert bracelet, designation of medical records or other patient, family or medical confirmation.

- Assist patient with administration of **Solu-Cortef** if present

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If Solu-Cortef is not present

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 Solu-Medrol